



Make a Bucket List



LOW COST BUCKET LIST



- Do a Random Act of Kindness
- Fall in Love
- Donate Blood
- Knit a Scarf
- Choose a New Habit to Adopt
 - Drink more water and stay hydrated
 - Move your body and exercise for fun
 - Start journalling
 - Make time for hobbies
 - Spend more time outside
 - Eat more fresh food.
 - Have a sleep routine
 - Choose a daily affirmation or mantra
 - Start a gratitude journal
- Meditate
- Give Yourself a Cool Nickname
- Watch a Sunrise and Sunset in One Day
- Take a New Route to Work
- Start a Blog
- Sing Karaoke in Front of a Crowd
- Go Vegetarian or Vegan
- Write a Letter to Someone Special Who Has Positively Influenced you
- Start a Gratitude Journal
- Complete a 1,000 Piece Jigsaw Puzzle
- Read a Classic Novel
- Go for a Picnic
- Finish a Crossword Puzzle
- Reconnect with an Old Friend
- Do a Charity Walk
- Create a Vision Board
- Learn a Musical Instrument
- Build a Snowman
- Be a Tourist in Your Own City, Town, or Village
- Write a Book
- Learn a Language
- Take a Bubble Bath by Candlelight
- Create Your Own Cocktail
- Run a Themed Race
- Start a Herb Garden
- Eat a New Food
- Learn to Juggle
- Go 24 Hours Without Modern Technology
- Enjoy a Moment in the Rain
- Write a Poem or Haiku
- Learn Sign Language
- Make a YouTube Video
- Change Your Hair
- Write a Letter to Your Future Self
- Hike Somewhere New
- Create Origami Animals
- Learn a Magic Trick
- Sleep Under the Stars
- Learn How to Use Chopsticks
- Complete a Fitness Challenge
- Make a Homemade Beauty Product
- Surprise Someone
- Hit a Baseball
- Hug a Tree
- Climb a Tree
- Be an Organ Donor
- Drink Only Water for a Week
- Learn How to Play Chess
- Bake a Loaf of Bread
- Be an Extra in a TV Show or Movie
- Ride a Skateboard
- Start a Fire Without Matches
- Learn a New Skill by Watching a YouTube Video
- Write a Travel Bucket List
- See a Foreign Film
- Do Something You're Afraid of
- Volunteer
- Recreate an Old Photograph
- Start a New Family Tradition
- Visit Five Different Free Museums
- Sew Something You Can Wear
- Bake Cookies and Give Them to Someone
- Learn to Make a Really Nice Meal from Scratch
- Paint a Picture
- Quit a Bad Habit
- Carve a Pumpkin
- Decorate Your Home for the Season
- Make a Playlist of Your Favourite Songs
- Go On a Family Bike Ride
- Make a 5 Year Plan
- Create Handprint Art
- Get a Book Signed by The Author
- Fly a Kite
- Memorize a Great Joke
- Have an At-Home Spa Day
- Grow Your Own Food
- Learn Some Basic DIY
- Camp In the Living Room
- Go To the Movies or a Restaurant Alone
- Tell a Joke on An Open Mic Night
- Play a Prank on Someone
- Enter a Writing Contest
- Host a Dinner Party
- Wish Upon a Star
- Vote For the First Time
- Make and Bury a Time Capsule
- Take a Jumping Picture
- Host a Scavenger Hunt
- Play a New Card Game
- Change a Flat Tyre
- Learn a Dance
- Try To Break a World Record
- Busk
- Try 10 New Fruits and Vegetables
- Family Board Game Night
- Play Truth or Dare
- Eat Food from a Street Vendor
- Order Something Different off the Menu
- Scrapbooking With Mementos, Souvenirs, and Old Family Recipes
- Make Friendship Bracelets
- Finish a Video Game
- Pick Your Own Fruit
- Try a New Recipe

